

LEADERS GUIDE

Session 1 THE BIBLE INTRO

INTRO

Blurb

We are passionate about inviting young people to discover the Bible in a fresh, fun and faithful way. This guide for leaders is designed to help youth workers explore Dai Woolridge's book, *B* in a youth group context.

The book

B is a creative devotional that takes you through the Bible story in six beats. Think of it like six chapters in a book, six scenes in a film or, better yet, six slices of your favourite cake. It features spoken word poems, soundtracks and films, along with reflections and Bible summaries in the style of social media posts. We want to help break down the Bible story into manageable chunks, give some insights into each beat of the story and get young people thinking, 'Why should I care?' It's possible to use the resource without the book, but for the full experience, we recommend that each young person has a copy of the book.

Inter activities

These have been tailor made for youth groups as a way to explore the themes of the book in an interactive way. Over the eight sessions there are a variety of inter-activities such as icebreaker questions and Bible quizzes. There are PDF worksheets and other tools provided to help young people respond to God's story creatively.

The guide

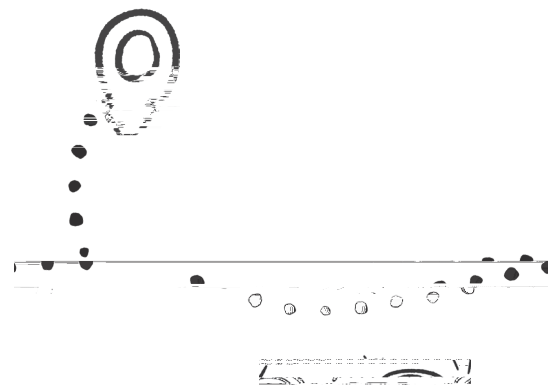
This is what you are reading! This free-to-download PDF outlines how to facilitate the *B* youth resource.

There are various inter-activities (a word I've just made up to combine 'interactive' and 'activities!') in this resource, and where possible we've tried to offer some choice.

We've deliberately prepared more activities than you'll need, so you can choose which ones you use. You're the leader, this is the guide and you know what will best serve your young people, so pick and mix the activities as you see fit.

Essentially each session is broken into:

- Intro/Recap and icebreakers
- Inter-activities
- The spoken word poem
- The response



INTRO

ICEBREAKERS

Record breakers

The following icebreakers are 10-second challenges, often with a chance of breaking a world record (all world records are correct as of March 2024). With each icebreaker challenge there is a link to the session's theme. If you have a scoring system in your youth

Search and You will find

Leaders note

The idea with this section is to give some helpful insights to young people around how to approach and understand the Bible. There are two activities below.

Search and You will find more active and could work with older and younger youth

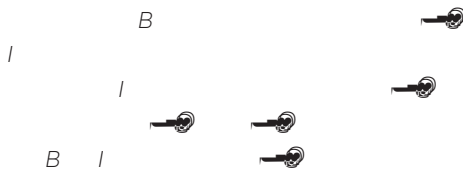
Riddle me brain teaser riddles, designed to be a little more challenging

Both will lead to the same explainers, so use the one activity that you feel will work best with your group.

'DO'

Split the young people into groups. The leader will ask for a series of items (in bold below). A person from each group has to bring an item to the leader who is in the centre of the room. First wins. Once the item has been found, play a short video of Dai giving the corresponding explainer (alternatively, read out the corresponding explainer which you'll find below the riddles section).

Dai's Search and You will find intro



Item overview and code

- C c** When (When was the Bible written)
- Pe** Who (Who wrote the Bible)
- Ga e** For (Who the Bible was written to/who the Bible was written for)
- S c** Style (Different genres of writing)
- Be** True (Bible is God-breathed and trustworthy)
- F e e w a** Point (What's the point of the Bible Who does it point to)

Deep dive riddle me this

Each riddle has an answer that connects to an explainer. The young people have to guess the riddle to hear the explainer.

Riddle Without fingers, I point. Without arms, I strike. Without feet, I run. What am I

Answer clock watch

Riddle 2 I am an instrument of words. In my grip, great stories are heard. I come in many shapes and sizes and through my presence comes writers' prizes. I am mightier than the sword and a lifeline for those who can't be ignored. What am I

Answer pen

Riddle Without a bridle or a saddle, across a thing I ride

Pair of glasses for us or to us ?

Not written TO us

We can't help but look at life through our twenty-first century glasses, but the Bible wasn't originally written TO insert youth group, church and location. The Old Testament was written TO a people group from the Middle East, who track their family tree back to Abraham, Isaac and Jacob. The New Testament was written to people and house churches 2,000 years ago, in places like Greece, Rome and modern day Turkey.

The Bible as written FOR us

Although it was not originally written TO us, it was written FOR us. Our job is to work out what it meant then, and figure out what that means FOR us now.

To different colour socks st. 16

The Bible was written in different styles or genres!

S from historical accounts about God's people to the parables Jesus told to share important truths and help people to understand them

P e Like the songs, poems and laments you find in the book of Psalms

W d collections of wise and moral sayings like those in Proverbs and Ecclesiastes, written to help people flourish and live good lives

P p ec like the books of Isaiah, Jeremiah and Ezekiel where God spoke through prophets to challenge the original audiences about their behaviour and warn them to turn back to him

G p ec biographical accounts about the life of Jesus, that don't just tell us what he said and did, but declare that he is the Son of God who came to take away our sin

Le e to specific individuals or groups of people with a specific message or purpose

A p ca p ec like the book of Revelation and parts of Daniel. God gives the writers dreams and visions that 'pull back the curtain' to reveal what's going on behind the scenes in the spiritual realm from a divine perspective. These visions are described using symbolic language and imagery and they were meant to both challenge and comfort the people of those times as they looked to the future

5 Belt true and trust orth

The Bible is true and trustworthy. It's useful for teaching the truth, rebuking error, correcting faults, and giving instruction for right living' (2 Timothy

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