

RECORD BREAKERS

The following icebreakers are 5-10 second challenges, often with a chance of breaking a world record (all world records are correct as of March 2019).

Can you reach home?

Ask one person to hold an A4 piece of paper that has 'HOME' written on it. On the other side of the room, ask another person to hold a piece of paper that says 'BABYLON'. Invite volunteers up to try to jump the distance from Babylon to home. Closest wins.

Long jump world records: men 8.95 metres, women 7.52 metres.

you will need

1. A
2. P
3. T
4. G